

San Diego Academy of Family Physicians All Member Meeting
January 20th, 2018
Practical Orthopedics for Primary Care
Learning Objectives

This year's annual SDAFP All Member Meeting will explore orthopedic issues commonly seen by Family Medicine physicians including upper extremity neuropathies, shoulder, foot and ankle injuries as well as musculoskeletal disorders in children. We will review the latest data and participate in hands on learning techniques designed to identify and treat such cases. In addition, we will focus on gaining a better understanding of how to counsel and manage patients with orthopedic conditions.

Jeff Anthony, D.O., 'Upper Extremity Neuropathies'

Private practice: Senior Partner, San Diego Sports Medicine and Family Health Center, San Diego, California; Team Physician, Olympic Training Center, Chula Vista, CA

At the conclusion of this session learners will be able to:

1. Understand the diagnosis and management of nerve injuries of the upper extremity
2. Differentiate the cause of pain and weakness with upper extremity complaints
3. Understand the mechanism of nerve compression to facilitate treatment of neuropathies

Eric Edmonds, M.D., 'Musculoskeletal Injuries in Kids'

Associate Professor of Clinical Orthopedic Surgery, Department of Orthopedic Surgery, University of California, San Diego, CA; Director, Orthopedic Research, Rady Children's Specialists, San Diego, CA

At the conclusion of this session learners will be able to:

1. Identify the first steps in treating the adolescent shoulder injury and when to refer to an orthopedic surgeon
2. Recognize the spectrum of childhood knee pain and prioritize the conversation for advancing imaging and specialized care
3. Learn how to assist the specialist with reinforcing the pre-participation injury prevention exercises and the post-injury/surgery rehabilitation injury prevention activities

Tal David, M.D., 'Shoulder injuries and Management'

Orthopedic Surgeon, Synergy Specialists Medical Group, San Diego, CA

At the conclusion of this session learners will be able to:

1. Identify common shoulder injuries in athletes of varying ages
2. Review how to work-up and evaluate common shoulder injuries
3. Understand how to manage as well as make safe recommendations for patients with shoulder injuries

Catherine Robertson, M.D., 'Hip Injuries and Management'

Associate Clinical Professor of Orthopedic Surgery, Sports Medicine, University of California, San Diego, CA

At the conclusion of this session learners will be able to:

1. Understand common causes of non-arthritis hip pain
2. Determine indications for different types of imaging in the hip pain patient
3. Identify indications for hip arthroscopy and hip replacement

Kent Feldman, D.P.M., 'Foot and Ankle Injuries and Management'

Podiatry Specialist, Sharp Community Medical Group, San Diego, CA

At the conclusion of this session learners will be able to:

1. Understand injuries of the foot and ankle from a biomechanical standpoint
2. Diagnose injuries of the foot and ankle
3. Effectively manage foot and ankle injuries