



27.25 AAFP CME Credits Available!!!

**61st ANNUAL POSTGRADUATE SYMPOSIUM
FAMILY MEDICINE UPDATE: 2018**

June 22-24, 2018
Paradise Point Resort
San Diego, California

SAN DIEGO ACADEMY OF FAMILY PHYSICIANS

61st ANNUAL POSTGRADUATE SYMPOSIUM

Officers of the San Diego Chapter

Program Chair - *Lee Remington-Boone, MD*
President - *Lee Remington-Boone, MD*
President Elect - *Jeff Anthony, DO*
Secretary-Treasurer - *Maria Carriedo-Ceniceros, MD*
Executive Director - *Sabrina Bazzo, MPH*

Fees

	Enrollments Reserved By 6/8/18	Enrollments Reserved After 6/8/18
AAFP Member or Active Duty Military	\$450.00	\$500.00
AAFP Retired Member	\$400.00	\$450.00
Non-Member	\$500.00	\$550.00
Allied Health Professional (RN, NP, PA, PHARM)	\$350.00	\$400.00
Resident/Medical Professional Course*	\$100.00	\$150.00
Medical Students Only**	\$75.00	\$125.00

* Letter of verification from Residency or Medical Professional Course Director must accompany registration.

** Letter of verification from Medical School Official verifying full-time status must accompany registration.

Note: Fees include lectures, lunches, continental breakfast and afternoon refreshments, Saturday evening gala reception, link to online syllabus and certificate recognizing course completion.

REFUNDS: A refund, less \$50.00, will be allowed if requested by June 8, 2018.

Accreditation

AAFP This Live activity, SDAFP 61st Annual Family Medicine Update 2018, with a beginning date of 06/22/2018, has been reviewed and is acceptable for up to 27.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credits™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

AOA: This program has been reviewed and is approved for a maximum of 27.25 Category 2-A Credits by the American Osteopathic Association

AAPA: Accepts certificates of participation for educational activities certified by AAFP for Prescribed Credit.

RN: An approved provider by the California Board of Registered Nursing, BRM Provider No. CEP 16914 for 27.25 contact hours.

PHARMACISTS: This course may be used to satisfy 27.25 hours continuing education for pharmacists by the California Board of Pharmacy.

Overall Program Objectives of Family Medicine Update: 2018

This program is completely developed by local volunteer American Academy of Family Physicians members to meet the day-to-day needs of the busy Family Medicine Physician.

After attending this course, participants should be able to:

- Determine patients at risk for a particular medical condition in order to control or prevent further complications.
- Detect and provide treatment for a variety of disease states typically seen by a primary care physician or other primary care healthcare professional.
- Identify current trends taking place in primary care medicine and their impact on clinical practice.

Educational Grants

This program is supported in part, by educational grants from industry, in accordance with AACME Accreditation Standards for Commercial support. All supporters will be recognized during the course of this live program.

Register online at: www.tinyurl.com/SDAFP18con

PROGRAM

FRIDAY, JUNE 22

- 7:00 a.m. Registration/Continental Breakfast
- 7:45 a.m. **Program Overview/Moderator**
Lee Remington-Boone, MD
Program Chairperson
- 8:00 a.m. **Family Medicine Key Updates**
Hobart Lee, MD
- 8:40 a.m. **Nonalcoholic Fatty Liver Disease: Navigating the Most Prevalent Yet Opaque of Liver Diseases**
Heather Patton, MD
- 9:20 a.m. **What's New in Headache Medicine, from Antibodies to Stimulators**
Christy Jackson, MD
- 10:00 a.m. **Break**
- 11:00 a.m. **Perspectives in Primary Care: Evaluating and Managing Patients with Chronic Urticaria**
Anne Marie Ditto, MD
- 12:00 p.m. **Lunch Talk: Alzheimer's Research: Advances Towards Cure**
Howard Feldman, MD
- 1:00 p.m. **Overview of Program/Moderator:**
Jeff Anthony, DO
SDAFP President-Elect
- 1:10 p.m. **Allergy Immunotherapy: A New Role for the Family Physician**
Leonard Fromer, MD
- 2:10 p.m. **What Do Recent Studies Tell Us About Improving Outcomes in Heart Failure Patients?**
Barry Greenberg, MD
- 2:50 p.m. **Break**
- 3:50 p.m. **Quick Guide to ADHD Management in Primary Care**
Julie Le, DO
- 4:30 p.m. **Refugee Health 101**
Kristen Brownwell, MD, MPH
- 5:10 p.m. **Adjournment**

SATURDAY, JUNE 23

- 7:00 a.m. Registration/Continental Breakfast
- 7:45 a.m. **Program Overview/Moderator**
Cecilia Gutierrez, MD
SDAFP Immediate Past-Program Chair
- 8:00 a.m. **Insulin: What, Why, When and How?**
Neelima V. Chu, MD, FACE
- 8:40 a.m. **Case Studies in Osteoporosis**
Neelima V. Chu, MD, FACE
- 9:20 a.m. **Confessions of a Menopause Maven**
Cynthia Stuenkel, MD
- 10:00 a.m. **Break**
- 11:00 a.m. **If Only Someone Had Warned Us: How To Stage the Geriatric Life Cycle and Understand the Consequences of Care in Each Stage**
Daniel R. Hoefler, MD
- 11:40 p.m. **A Comprehensive and Interdisciplinary Care Approach To PTSD**
Lu D. Le, DO MBA
- 12:20 p.m. **Lunch Talk: Case Studies on Type 2 Diabetes Mellitus: Focus on Cardiovascular Outcomes Trials**
Jeffrey R. Unger, MD, ABFM, FACE
- 1:15 p.m. **Overview of the Program/Moderator**
Charles Camarata, MD
CME Chairperson Emeritus
- 1:20 p.m. **Appropriate Opioid Prescribing: Avoiding the Landmines**
Timothy A. Munzig, MD, FAAFP
- 2:00 p.m. **Opiate Tapering - We All Need To Do It: Practical Evidence-Based Principles and Recommendations**
Kara Ann Cummins, MD
- 2:40 p.m. **Break and Resident Poster Session**
- 3:40 p.m. **"Doctor, I Hate My CPAP" - Challenges of Treating OSA**
Victoria Sharma, MD
- 4:20 p.m. **2 Minutes/2 Slides/2 Questions**
Bradford H. Stiles, MD
- 5:20 p.m. **Adjournment**



GENERAL SESSION

SUNDAY, JUNE 24

7:45 a.m.	Program Overview/Moderator <i>Maria Carriedo-Ceniceros, MD</i> <i>SDAFP Secretary Treasurer</i>	10:20 a.m.	Break
8:00 a.m.	Case Studies in the Practical Evaluation and Management of Irritable Bowel Syndrome with Diarrhea <i>Louis Kuritzky, MD</i>	10:35 a.m.	Update in Structural Heart Disease: A New Era of Percutaneous Therapies <i>Robert Kumar, MD</i>
9:00 a.m.	Skinescence: The Joys of Aging <i>Mona Mofid, MD, FAAD</i>	11:15 a.m.	Syncope & Sudden Death Syndrome: Rational Workup and Evaluation <i>Alborz Hassenkhani, MD</i>
9:40 a.m.	2018 Public Health Update <i>Eric C. McDonald, MD, MPH, FACEP</i>	11:55 p.m.	Evaluation & Management of Neonatal Hyperbilirubinemia <i>Howard Smart, MD</i>
		12:35 p.m.	Adjournment

Please plan to join us

Saturday June 23, 2018 5:30 - 6:30 p.m.

Cocktail Party

Casual Attire - Admission included with conference fee



WORKSHOPS

Saturday, June 23

Additional fee is required. Please see registration form for details.

7:00 a.m. - 9:00 a.m. **Alzheimer's Disease and Related Dementia: Improving Screening, Diagnosis and Treatment of Behavioral & Psychological Issues**

1. Describe the screening and evaluation algorithms and how to use these components in practice
2. Identify and utilize the recommended instruments for standardized screening and evaluation visits
3. Identify common reversible conditions that present symptoms similar to those of dementia
4. Identify conditions that impact cognition in daily life or amplify cognition impairment
5. Incorporate best practices and cultural sensitivity

James Grisolia, MD, Neurologist, Scripps Medical Group, San Diego, CA

Daniel Sewell, MD, Geriatric Psychiatrist, University of California, San Diego, CA

Sunday, June 24

Additional fee is required. Please see registration form for details.

7:00 a.m. - 11:00 a.m. **Knowledge Skills Assessment: The Vulnerable Elderly**

1. Identify and distinguish between cognitive impairment, dementia and delirium
 2. Prescribe appropriately, avoiding high risk medications in the elderly
 3. Integrate evidence-based disease and morbidity prevention in patient management
- Timothy Munzing, MD, FAFP, Family Medicine Residency Director, Kaiser Permanente, Orange County, CA*
Kara Ann Cummins, MD, Family Medicine Assistant Residency Director, Kaiser Permanente, Orange County, CA

7:00 a.m. - 10:00 a.m. **Nexplanon Workshop**

1. Understand that Nexplanon may be utilized as a long term progestin only contraception: including its properties, mechanism of action, duration of action, delivery system and potential complications
2. Determine indications and contraindications of Nexplanon and be able to discuss risks, benefits and potential side effects with patients
3. Understand proper technique for placement and removal of Nexplanon and be able to troubleshoot common potential problems
4. Describe how to place Nexplanon device, after demonstrating competency in placing and removal

Geneen T. Gin, DO, Family Medicine, University of CA, San Diego

Marianne McKennett, MD, Family Medicine Residency Director, Scripps Chula Vista Hospital, Chula Vista, CA

7:00 a.m. - 9:00 a.m. **Dermoscopy**

1. Understand the benefit of dermoscopy in the evaluation of skin lesions
2. Understand the limitations of dermoscopy
3. Learn how to properly use a dermoscope
4. Incorporate dermoscopy into Family Medicine practices

Michael Van Buskirk, MD, Chairman, Department of Family Medicine, Scripps Clinic Medical Group, San Diego, CA

Register online at: www.tinyurl.com/SDAFP18con

San Diego Academy of Family Physician's 61st Annual Postgraduate Symposium

June 22 – 24, 2018

Register online at: www.tinyurl.com/SDAFP18con

SYMPOSIUM REGISTRATION AND HOTEL RESERVATION INFORMATION

SYMPOSIUM REGISTRATION FORM

	Thru June 8	After June 8
AAFP Member & Active Duty Military	\$450	\$500
AAFP Retired Member	\$400	\$450
AAFP Membership ID No. _____		
Check one: <input type="checkbox"/> DO <input type="checkbox"/> MD		
Non-Member	\$500	\$550
Allied Health Professional	\$350	\$400
Check one: <input type="checkbox"/> RN <input type="checkbox"/> NP <input type="checkbox"/> PA <input type="checkbox"/> PHARM		
Resident/Medical Professional		
Resident*	\$100	\$150
Medical Students Only*	\$75	\$125

*Special Requirements Apply (See accreditation section of brochure for details.)

Friday Luncheon Program

- I will attend (Registration lunch included in reservation fee)
- I request _____ additional guest voucher(s) at \$40.00 each for the Friday luncheon lecture

Saturday Luncheon Program

- I will attend (Registration lunch included in reservation fee)
- I request _____ additional guest voucher(s) at \$40.00 each for the Saturday luncheon lecture

Cocktail Party Reception

- I will attend (included in reservation fee)
- Total number of Family Members attending: _____
(4 included in reservation fee - \$20.00 for ea. additional person. Children under 5 are free.)

Fee Breakdown

Registration _____

Late Fee (add \$50 after June 8, 2018) _____

Additional Fri. Luncheon Voucher _____ x \$40 = _____

Additional Sat. Luncheon Voucher _____ x \$40 = _____

Additional Reception tickets _____ x \$20 = _____

Optional Workshop June 23th -

Alzheimer's Disease & Related Dementia x \$25 = _____
(7 a.m. - 10 a.m.)

Optional Workshops June 24th -

Vulnerable Elderly (7 a.m. - 11 a.m.) _____ x \$100 = _____

Nexplanon Workshop (7 a.m. - 10 a.m.) _____ x \$75 = _____

Dermoscopy (7 a.m. - 9 a.m.) _____ x \$50 = _____

Grand Total _____

CHARGE TO Visa MasterCard Amex Discover

CREDIT CARD NUMBER _____ EXPIRATION DATE _____

FIRST, LAST NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

BUSINESS PHONE _____

HOME PHONE _____

EMAIL _____

SPOUSE/GUESTNAME (FOR NAME TAG): _____

Please mail OR FAX this form and payment information to:

San Diego Academy of Family Physicians

Post Office Box 910144, San Diego, CA 92191

Phone: 619-540-6307 Fax: 858-458-9467

www.sandiegoafp.org • sbazzo@sandiegoafp.org

Register On-line at: www.tinyurl.com/SDAFP18con

Make your reservation online at:

www.tinyurl.com/sdafphotel18

Group Code 180619SDAF

HOTEL RESERVATION FORM

**San Diego Academy of Family Physicians
61st Annual Postgraduate Symposium**

June 22-24, 2018

Paradise Point Resort, San Diego, California

The **Paradise Point Resort** is a 44-acre island tucked away on gentle Mission Bay, minutes from the heart of downtown San Diego and adjacent to the famous Sea World Adventure Park. This San Diego luxury resort features comfortable, California beach bungalow-style guest rooms amidst lush, tropical gardens and meandering lagoons. Perfect for families, the resort features over 460 guest rooms, including everything from luxury suites, lanai patio rooms, lanai garden rooms, and lanai bayside guest rooms, as well as studio garden suites.

Please fax this side of form to the hotel. Other options to reserve a room including calling the number below or going to the hotel website listed below.

PLEASE PRINT

FIRST, LAST NAME _____

ADDRESS _____

CITY / STATE / ZIP _____

BUSINESS PHONE _____

HOME PHONE _____

E-MAIL _____

ARRIVAL DATE _____ DEPARTURE DATE _____

NUMBER IN PARTY _____

Special Conference Rates (plus city occupancy tax):

Single or Double Occupancy \$274.00/Night

Reservation Deadline: May 29, 2018. After this date reservations will be taken on a space-available basis only.

Reservations must be made directly with the resort by calling 1-800-344-2626, or by going to the website listed below, and require one-night's deposit, or you may mail or fax this registration form with payment of your one-night's deposit, by check or credit card. A seven (7) day cancellation notice prior to your arrival date is required to obtain a refund of deposit.

Complimentary parking, internet access and use of fitness center for overnight guests!

NO RESORT FEE

Please indicate credit card to be used for deposit:

Visa MasterCard Amex

Discover Diner's Club

NAME ON CARD _____

CREDIT CARD NUMBER _____

EXPIRATION DATE _____

Please mail OR FAX this form and payment information to:

Paradise Point Resort

1404 West Vacation Road

San Diego, California 92109

Reservations: 800-344-2626 Fax: 858-581-5924

check out our website: www.paradisepoint.com.